

Neon Cricket Wiltshire County Cricket League

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League Policy – Concussion.

The ECB released their guidance on the management of concussions in 2023. You can find it at <https://www.ecb.co.uk/about/policies/concussion>

In summary, if a player has a blow to the head and has any of the following symptoms, you must treat it as concussion:

- Loss of consciousness or responsiveness
- Lying motionless on ground/slow to get up
- Unsteady on feet/balance problems or falling over/incoordination
- Dazed, blank or vacant look
- Slow to respond to questions
- Confused/not aware of plays or events
- Grabbing/clutching of head
- An impact seizure/convulsion
- Tonic posturing - lying rigid/motionless due to muscle spasm (may appear to be unconscious)
- More emotional/irritable than normal for that person
- Vomiting

Any player with a concussion or a suspected concussion must take no further part in the match. You then need to read the full guidance, as depending on their symptoms, they may also need medical assessment, and there are also restrictions on various activities including drinking, driving, and when they can return to training and playing cricket.

Compliance with the concussion guidelines is mandatory in the WCCL.